



of Southern California



Issue 61 ▼ Late September/October 2011

Fireside Chat

Guys, please excuse the lateness of this newsletter issue...

I had wanted to get it out some time ago, but a date for our AZ trip has been in flux (blame the insurance co. for our AZ host and now the construction company doing the repairs), plus my mother has been in one hospital or another (back and forth) since September 8, and it's really taking a toll on me.

And now she's refusing food & medication, and seems to think it would be better if she were no longer living. :(-My family is at a loss as to what to do.

If you believe in prayer, at least, please pray for her speedy recovery from the surgery after an infection they could not stop. —And if you're a Unitarian or similar, then please keep her in your thoughts and wish her well!

If you should wish to contact me on this note, please just use one of the contact methods on the last page, or my Google Voice number: 714-248-6833.

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As mentioned last time, if you need to contact us via US Mail, either e-mail or call us for a private contact address that will not be published.

Currently we do not have the available funds to open a new box at another location, but when sufficient memberships are received to allow us to cover the cost, a new box will be opened the first of the month following.

We of course also welcome any donations towards that end as well. —Please call us if you wish to mail or drop off a donation, or use our online payment methods for a donation at no additional cost to you:

http://bcmen.org/payment/

Joining BC-MEN as a paid member will also help us out and help you as well, with ensuring you get all info in the member's edition newsletters, event discounts, discounts at brother club events, and more!

If you wish to join, see: http://BCMEN.Org/signup/

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If you've got an idea for an event for the group, we'd love to hear from you!

We'd also love to hear from anyone who can host *ANY KIND* of event – indoor or outdoor – no matter how small your place is

We've done events in studio apartments before, so we can limit attendance, and even if you've got only 2 places to sit, we can always ask guys to bring folding chairs, if they have them

It doesn't matter if you don't have a private yard, as we can certainly do things indoors (even in the Summer!), but if you do and don't have a pool or Jacuzzi, that's OK too, as we can always ask guys if they have an old "Slip 'n Slide" in the garage or even an inflatable pool... And water features aside, it's always nice to have some place to work on your overall tan, too!

If you have an idea for an event or would like to host an event, please email, call, or write us (see last page for contact info) with your offer, along with any questions or concerns, and we'll get back to you ASAP!

All event hosts will earn free membership for their time and effort, and all of you with a workable suggestion for us are eligible to get a 3 month extension on your membership, so if you're not a current member when you send in your suggestion, you may want to join at the same time to take advantage of this offer!

Keep our current offer for event hosts in mind!

Event hosts get free membership & more – ask us for details about this great offer!

If this sounds good to you, please either contact us at one of the email addresses or phone numbers on the last page, or click the following link to take advantage of the new hosting offer:

http://BCMEN.org/hosting-offer/



Classified Ads:

Member Looking for a Spare Room or Bed for Housekeeping, Cooking, & Other Services

This issue is becoming urgent, as his ailing mother's been in the hospital for nearly a month now, and has begun refusing food... And if/when she does pass, he will soon have no place to stay, plus her being at home and caring for her was his source of income thru a government-sponsored program. (But don't worry about the lack of income being a burden to you, as he can get General Relief or other funding.)

Yes, if you are wondering, this is for your club's President... I was trying to keep this on the Q.T. before, but I think most of you know who I am and know I'm a nice guy – the sort that can get along with anyone, unless you're trying not to get along. ;)

While my favorite artist is Enya, my volume levels of music or TV never bother anyone,

and if ever I'm awake and you're not, you'll never know it!

Privacy is also important with me, and whatever goes on in your or our home life won't ever be mentioned elsewhere.

If you have a spare room or at least a bed or even a couch available, one of our guys is looking for a place to live for a while in exchange for services like cooking, cleaning, doing laundry, and some possible handyman services or yard work. He can also sweeten the deal by offering a good massage at least once a week and a body scrub as often as you wish. (Just like the spas do, only he doesn't ignore any body parts, unless you want something ignored.)

Said place must be within a mile at most of OCTA, LBT, MTA or other bus stops, and can be nearly anywhere in Orange County or Southern Los Angeles County. (Other areas might work out, especially if you are going to and can regularly offer rides to BC-MEN events.)

In exchange for your space, you'll also get a free membership in BC-MEN at least as long as he can stay there, and will need to do so at least until his SSD/SSI is granted. (At which point he may move and/or offer you money for rent & utilities to continue there.)

He will be getting his own food & have his own cell phone, and may be able also to offer a share of said food.

If you can help, please call John at 714-248-6833 24 hours.

Need a Massage?

John is trying to get back into the "swing of it", and while he's feeling a little "rusty", he's offering you a good discount!

1 hour of massage at your place (out-call), using your bed, with Swedish & Tantric techniques for only \$25.

A body scrub is also available with a massage for only \$5 more! (Or, free if he can use your shower and not have to bother bringing towels. But he will bring bodywash!)

Sorry, but in-calls are not available at this time.

If you'd like a different amount of time or have a partner or roommate who wants to relax as well, please ask him about other rates.

Service is offered in most of Orange County & the greater Long Beach area (\$5 more in L.A. County other than some select areas of Long Beach), but will consider other areas depending on the amount offered if payment is made in advance via PayPal.

(Note this is not an offer for sex of any kind, so please don't ask. Also if it matters what your massage artist looks like, please don't contact him either.)

Please contact him at (714) 248-NUDE [(714) 248-6833] or doctor34@gmail.com.

-And please speak-up if you leave a voice message, as several guys have called for one reason or another, but he could not understand the message or number to call you back at.

Your Ad Could Be Here!!!

Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others for a small fee that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via any method listed on the last page of this newsletter. ▼

Who is this Celebrity Guy?

In the last issue, the celebrity was Peter Sarsgaard, from the movie "Kinsey".

The answer to the guy shown here will be in the next issue.



A hint: One of his latest TV show regular spots has him on a ship in the far reaches of space.▼

Recent & Upcoming Happy Birthday Wishes To:

Paul H. on 09/17, Arturo R. on 09/28, & Robert B. on 10/10.

Become a member and get your birthday listed here too!

Calendar of Events

(All Events Are *Tentative* - *An RSVP to all is required!*)

To RSVP for any event, please click or go to online to the following link, or call us via any hotline on the last page if you have no email.

http://BCMEN.Org/rsvp/

(Temporarily please use the non-Java form link at the above address until we can update our site on a regular basis again.)



Along the San Onofre shoreline.

Sunday, October 9 San Onofre Beach (Clothing-Optional Beach) Trip

(Just South of San Clemente on the Orange County/San Diego County border.)

*** Your RSVP is REQUIRED if you are attending with the group! ***

(You won't know where to find us or hear about any changes to plans if you don't RSVP.)

San Onofre Weather:

http://s.bcmen.org/so-wx/

Approx. Area Map/Directions: http://s.bcmen.org/so/

Directions from Friends of San Onofre: http://www.friendsofsanonofre.org/directions.htm

FYI: The beach does currently maintain it's 3-decade plus long use as a nude beach. The State Parks & Rec. Dept. is currently periodically warning nude beach users to put their suit/clothes on. (IF ticketed and you were not being lewd, contact Alan Baylis thru the NAC or Friends of San Onofre, and you WILL get the citation dismissed with the NAC's help.)

We will plan to leave the Orange County area about 11am if at all possible, as the parking lot at the beach tends to fill early - by noon, usually.

Bring your own: food, drink, towel, sunblock, etc. (Note that alcohol is not allowed on CA State Beaches.)

If rain or cool weather we'll cancel.

Expect a \$15 per car parking fee. (Free if you have a CA State Parks Pass.)

Please help us all by offering to car-pool & share the cost of getting there.

Plan to stay until early evening if you can, and perhaps stop for dinner as a group someplace along the way back.



Your president at the sign for Deep Creek Hot Springs near the start of the trail.

Saturday, October 15, ?10am-6pm? Deep Creek Hot Springs Trip (Clothing-Optional)

*** Your RSVP is REQUIRED if you are attending with the group! ***

Cost: No fee from BC-MEN, but expect \$5 per person parking, plus gas costs.

Est. Distance: 100 miles (from Western O.C.), around a 1-2 hr. drive plus a 1 hr. (give/take) hike in, and 2 hr. hike out.

Est. car pool cost if 4 going: \$4 each for 1/4 of gas cost for 100 mi. at \$4.00/gal. & 25 MPG.

Note if the weather in the area is too cool or rainy (roads may be impassable), the event will be canceled with a possible reschedule.

We'd like to car pool from designated spots in our area, leaving around 10am to arrive there by noon, and likely leave the area of the hot springs around 4pm so to have sufficient light to leave the area and get back on the road by nightfall.

Map & directions to Bowen Ranch, the start of the shortest trail, is here:

http://s.bcmen.org/dchs-br/

The spring area is here, but use the above for driving directions:

http://s.bcmen.org/dchs/

Deep Creek Hot Springs is a natural, undeveloped hot spring near Hesperia or Victorville in the San Bernardino Mtns. area.

If the weather cooperates, nude hiking after leaving the parking area is possible to the springs, and most people use the springs nude.

Note that since this is a public location on federal (BLM) land, we cannot guarantee we will be alone on the trip, and men, women, & children may be present.

Also note that natural hot spring waters sometimes contain amoebas, and it is not advisable to put your head under water - keep your nose & mouth above water at all times and do not drink the water.

Deep Creek Hot Springs is a great place to soak your cares away for a while, and features many pools with different degrees of heat to them. (Hot to cool, depending on distance from the source.)

The hot springs are about a 1.1 mile hike (est. 30-60 mins.), with about a 500' drop in elevation on the hike to the springs, according to DeepCreekHotSprings.com (Deep Creek Volunteers says it's just over a 2 mi. hike with an over 900' drop in elevation.)

Camping near the springs is not permitted, and so not suggested for this trip.

For more information on Deep Creek Hot Springs, see:

http://deepcreekhotsprings.com

And:

http://www.deepcreekvolunteers.com

More info and more still photos of the area are here:

http://www.communitywalk.com/location/dee p creek hot springs/info/12741

Also see:

http://www.fs.fed.us/r5/sanbernardino/recreation/deepcreek/

For some videos on the area, see:

http://www.youtube.com/watch?v=xk4Sxzl00pA http://www.youtube.com/watch?v=bxkNoIL0rTE



Saturday, October 22, 5pm-11pm? "A Return to Innocence": An "initialization into communal nudity" with Jacuzzi Soak & Massage Exchange

(If you're not interested in the "Initialization" ritual, you may come at 7pm or later for the massage exchange & Jacuzzi soaking, but state this in your RSVP comments if so.)

(in Westminster)

Map & directions to the approximate location: http://s.bcmen.org/wm-b-23/

(For extra privacy, the exact address will be given to RSVP'ers only.)

Approx. location is Beach Bl. & 23rd St. in Westminster, which is North of Westminster Bl. and South of the 22 Fwy. or Garden Grove Bl.

For a full description of this event and to help us with your input on a few points, please see our poll at:

 $\frac{http://bcmen.org/poll2/public/survey.php?nam}{e=Initiation}$

(Though the prior event title [on the poll] was "Initiation", there is no humiliation or hazing involved. We want you to feel comfortable being nude in a group setting, and for those without experience with such, this is a great way to get acclimated.)

The "initialization" will begin at 6pm sharp (unless we get someone RSVP's and lets us know they will be 30 min. late, or whatever).

The basic idea is to have everyone gather by a set time and two groups are formed...

One will be blindfolded and slowly undressed in a caring, trusting way.

The other group will be the ones doing the undressing.

Roles will be reversed at the completion of the first group's experience and all repeated.

Intimate touching is involved, but this is not a sexual experience. (If you object to touching any parts of your body, please say where in comments when you RSVP.)

You may develop an erection at some point during the "initialization", but that's completely normal - we all understand the way a penis works and sometimes just wants to say it's enjoying things too. (Again, this is NOT a sexual event!)

The point of the exercise is to foster mutual trust & caring among men while being

introduced to the concept of communal, casual nudity.

When the "initialization" is essentially over (est. 7pm), pizza or Chinese food will be ordered (which do you prefer? enter in RSVP comments, please), for around a \$7 chip-in.

An in-suite Jacuzzi will also be available for your soaking pleasure, and you're welcome to use the shower there whenever wanted (please bring your own soap/bodywash).

Also, as space is available, massage exchange time is available after the "initialization" as well. You may use the bed, floor space, or we'd love it if you can bring a massage table! (Let us know in RSVP comments, and if you do, we'll give you a discount on the event.)

Bring your own: beverages, towels (1 to sit on at ALL times, plus 1 to dry off with after shower or Jacuzzi & a large/beach towel or sheet if receiving massage), as well as a non-staining massage lotion, gel, or oil and bodywash or soap.

Also please bring snacks (chips, dip, cookies, deserts, or appetizers) to share. (Enter type you'll bring in comments or potluck field, please.)

PLEASE let us know when you might arrive, if not by 6pm!

Cost: If pre-paid by Wed. 10/19, a MAXIMUM of \$20 for paid members, \$25 for non-members; and a student or limited income discount is avail. with membership, or free membership for non-members.

At the door, the rate will be a fixed at \$30 for members, \$35 for all others with no discounts, assuming the event is a go and space is available.

You must pre-pay to guarantee your admission and the lowest door fee. And if pre-paid, you may get in for as little as \$10, depending on attendance & your membership status.

You can pre-pay at:

http://s.bcmen.org/ini-pp/

Online payments (via credit/debit card & bank accounts) are accepted at no charge to you via PayPal & Google Checkout.

When you RSVP, you'll get our address & info to send payment via check or Money Order. Or, you can arrange to meet and pay cash in person ahead of time.

An "after hours party" will be available from 11pm-Midnight. ★

Trip to Parker, AZ and Lake Havasu

Due to water damage at our host's AZ home, the repairs needed, and delays in same, this event it being rescheduled for Spring.

Sunday, November 6, 3pm-7pm Imperial Health Spa Visit

*** Your RSVP is REQUIRED if you are attending with the group! ***

(You won't know where to find us or hear about any changes/cancellation in plans if you don't RSVP.)

The Imperial Spa is located at: 8251 Garden Grove Bl. Garden Grove, CA 92844 Phone: 714-530-0055

(Please call only for location or services info, and do not mention BC-MEN when calling.)

Map/directions by car or bus: http://s.bcmen.org/imp-spa-gg/

Cost: \$15 entry due to the spa at arrival, plus any optional services. (Not a penny goes to BC-MEN, but please remember we are requesting donations [look for your President to donate!] to help get our less fortunate guys into events like this one.) —If you have trouble affording this event, let us know, as we are offering passes for a donation.

Come and enjoy the many amenities of this Korean-style day spa, where virtually everyone goes nude. (Keep in mind this is an all ages spa, not a gay bath house, so it's not a place for sexual activity.)

The men's wet area features a dry sauna (on the hot side, but move away from the IR lamp to be a little cooler), steam room (fairly hot w/Eucalyptus), "Live Mineral" steam room (warm to mildly hot), a cold plunge, & fairly hot Jacuzzi.

Body scrubs (\$25 extra) are given in an alcove off the wet area by a male attendant wearing shorts only - you are nude.

Relaxation area has warm to rather warmly heated Jade & Salt Rooms, a room w/leather recliners, and cold, filtered water is on tap. (Robe needed for recliner room, which spa provides.)

Spa provides all soap, shampoo, conditioner, & even shaving cream & disp. razors if wanted, as well as small towels (sized to cover the sauna & steam room benches), and robes, t-shirts, & shorts for the common/co-ed areas.

Note that massages or acupressure treatments are given by women in the common area.

They do have a juice & snack bar w/sodas, juices, & Asian soups & goodies for an extra fee, and a robe is needed here.

Please RSVP so we know you plan to attend, but feel free to go anytime they are open, 8am-10pm.

Be sure to RSVP so we can tell you who to look for in the men's area, otherwise we'll never know you were there if you don't come over and say "Hi!"

If you're interested in grabbing a late bite after the spa, there's a Del Taco & Taco Bell/Pizza Hut Express nearby that are both open late - mention which you'd prefer, if interested, in comments when you RSVP. *

Saturday, November 19, 5pm-11pm? Massage Trade & Jacuzzi Soak

In Westminster (between Garden Grove & Huntington Beach), on Beach Bl. off the 22 Fwy. or between Garden Grove Bl. & Westminster Bl.

MapQuest map/directions: http://s.b-men.org/wm-b-23/

(This location is approximate - exact location given to RSVP'ers only.)

Please join us for an evening of socializing, massage exchanges, soaking in the in-room Jacuzzi tub, food, etc!

A DVD player will be avail. for movies and/or massage technique videos.

We'll have room for 1 massage table, and if you can bring yours, we'll give you a discount on the door fee (please ask before pre-paying or bringing).

The bed will also be avail. for massage, but for either case, please bring either a sheet or extra lg. beach-size towel or bath sheet so we can keep the table or bed clean for others.

Also please bring YOUR OWN: BEVERAGES, TOWELS (2 requested, plus lg. towel or sheet), and snacks to share (chips, dip, cookies, desserts, or similar), plus a non-staining massage lotion, oil, or gel, and a body scrub if you wish. (1 towel is to sit on at all times, another to dry off with, and the lg. towel or sheet is for massage.)

An estimated \$7 chip-in for pizza, to arrive around 8pm, if you want pizza & breadsticks.

If you want to do a body scrub with someone (trade off, try recipes or brands), please bring some sort of scrub "mix" and a washcloth or "puff" to apply it with. We'll also have Japanese & Korean scrub cloths available.

The Jacuzzi, massage, scrubs, & pizza are all optional, as are the snacks if you don't want to participate with which ever you are not bringing.

The shower will be available to freshen-up with on arrival, before leaving, or at any time you need, and you are requested to bring your own toiletries for showering if so (soap/bodywash, etc)... FYI, it might be more fun to trade a scrub with someone when the time comes.

If you take the bus or think you might need to cash there, limited space is available to those who may QUIETLY spend the night on a first come, first serve basis with a *requested* \$5 additional donation. (Mention this when you RSVP if so.)

This location has ample parking in front, as well as their lot.

Cost:

Paid Members & First/Second Time Guests: \$20 door fee if pre-paid by 11/16 @ 9pm. All others are \$25 by the same time.

(If pre-paying, your door fee will be pro-rated down to just a share of the venue's cost, with non-members paying \$5 more if we get more than the minimum number actually attending.)

If the event is a go otherwise and space is still avail., you may pay a flat \$30 at the door for pain BC-MEN members, \$35 for all non-members, with no discounts.

You may pre-pay at no additional cost to you via PayPal or Google Checkout at:

http://s.bcmen.org/mt-js-pp/

In the event you cancel by the above pre-pay deadline OR that we do not get the min. 4 required pre-payments to hold this event, you will receive a prompt & full refund.

Those that RSVP will be given the basic address, but we'll need to call you (or you can call us) with the room # we're renting, so BE SURE to GIVE YOUR PHONE number when RSVP'ing for this event.

Upcoming Events:

Saturday, December 17: Holiday Party (in Tustin)

Saturday, December 31: NUDE Year's Eve Party with massage trade & Jacuzzi soak (in Westminster)

Your event could be right here!

Contact us TODAY to get vour event scheduled!



Please also see our **polling page** online (or call us at any number on the last page to take part in

the polls) for our event planning polls! –These help us decide what to do based on what YOU want to do!

http://BCMEN.Org/polls/





Don't like our usual Westminster hotel?

Lately, we've noticed that so few guys are RSVP'ing for our hotel-based events, and we're wondering if the hotel and/or location is an issue for you.

Would you prefer a hotel in another area or

Would you prefer one at a lower cost to you? (IE: Less than a \$20-\$25 door fee.)

If either matters, let us know (see last page for contact info) and we'll see what we can do about it, as these events have been very popular in the past, but not so much so the past few months, at least.

We've found some other nice but not too pricey hotels in places like Fountain Valley, Huntington Beach, and Garden Grove, as well as our older location in Long Beach off PCH & Cherry that are all around the same price (\$100, give or take) that have Jacuzzi suites.

We're also considering a non-Jacuzzi room place like a Motel 6 that also doesn't over-do security, but the ones in better areas aren't too much cheaper than the Jacuzzi room hotels. As well as the regular rooms at these places are only about \$10-\$15 less than the Jacuzzi ones.

Think about it please and help us help you out! We can also have less expensive events if more guys would be willing to host - see page 1 for our hosting offer.

Can't Afford Events?

Keep in mind that BC-MEN is offering discounted and/or free admission to events, whenever possible for those who cannot afford the full cost of the event.

We request that you either be a current member, or at least sign-up for membership under our Student & Limited Income option, which is only \$7.00 for a year's membership with electronic newsletters. -If you've never been to one of our events, or it will be your second time, we naturally will offer the discount without membership, but we do request, if at all possible, that after your 2nd visit you become a member of BC-MEN with one option or another.

All we ask for this membership is that you show us some form of proof (class schedule, US Treasury check stub, or similar), and that proof will be destroyed if you send us a copy and join by mail. You can also show us this proof in person, or send us a scan or photo of it online. For more information on this, please contact us at any method on the last page of this newsletter.



To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or guaranteed bank check*, to the address in the next column, and make it payable to John E.

Membership Form

Name(s)
Address
City
State
Zip
Phone ()
E-Mail
Birthday Month & Day
Please check as appropriate: Is this a: ☐ New Membership ☐ Renewal
Membership Options: ☐ 1 Year - Printed Newsletter: \$30.00/year ☐ 1 Year - Electronic Newsletter (e-mail/download): \$12.50/year ☐ Partners or Roommates add \$5.00 for each to the above 2 options. ☐ Lifetime - Electronic Newsletter \$100 sgl./\$150 cpl.
☐ College Student or Limited/Fixed Income - Electronic Newsletter \$7.00/year (Contact us first!).
Would you like your: Name & last initial on our members' contact list? ☐ Yes ☐ No Phone # listed also? ☐ Yes ☐ No E-Mail Address also? ☐ Yes ☐ No
Would you permit your photo to be used in: Our newsletter & online members only areas? □ Yes □ No Our public web site? □ Yes □ No Other club's newsletters? □ Yes □ No
Can you offer or do you need a ride or wish to carpool to events? ☐ I can offer a ride. ☐ I need a ride. ☐ I wish to car-pool.
For ride-sharing purposes, what area do you live in? Nearest <i>Major</i> Intersection - N/S Street first, please:
City
Zip
How did you first learn about our group? (Be specific!)

• If you are interested in joining via **credit/debit card or electronic check**, please check our website, e-mail us, or call us at one of the numbers below for more information.

Our Group's Purpose

(Southern California) Beach Cities Men Enjoying Naturism (AKA BC-MEN) is a men's naturist/nudist social group. Our focus is as a loosely organized social club, not a sex/adult activity club. (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

Fees: In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$5 per member, first time guest, or brother club member (with proof, please) per event, and \$5-\$10 per non-member per event. —This does not take into consideration any additional donation for the host's or venue expenses. If you cannot afford the posted door fee, please let us know when you RSVP and we'll see if we can't help you out!

People: We are not a clothing-optional club, instead we *require nudity*.

We are a **private**, **not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

It does not matter your body-type: Fat, skinny, tall, short, or whatever your penis size, you're always welcome at *BC-MEN*!

Guests, visitors from other clubs, and new members are *always* welcome!

Contact Methods:

• E-Mail: BCMEN@BCMEN.Org

If you don't get a response within a few days, please re-send your message and also CC our backup address of: BCMEN1@GMail.com
Please also be sure to have the above addresses added to your "White" or "Approved" lists and check your spam or bulk mail folders to make sure it did not get caught there. (We've been having problems with Yahoo & AOL either trashing or deleting mail to or from us, so you might try another free service like GMail.com, a great free service from Google.

• 24 Hour VoiceMail Phone Numbers:

Long Beach area: (562) 507-1-BC-MEN [(562) 507-1226]

Compton area: (424) 785-4-BC-MEN [(424) 785-4226]

Garden Grove area: (714) 643-BC-MEN [(714) 643-2263]

Laguna Beach area:

(949) 436-9-BC-MEN [(949) 436-9226] **Upcoming Event Info** (Huntington Beach #): (657) 464-4-NUDE [(657) 464-4683] All of our hotline numbers support incoming text (SMS) messages from cell phones, as well as voice messages.

• US Mail:

If you need to send us U.S. Mail, please e-mail or call us for a temporary mailing address.

For the <u>fastest</u> response, please contact us via e-mail, or via our web site.

· Web Site:

http://BCMEN.Org

· Yahoo Group Forums:

http://groups.yahoo.com/group/BC-MEN/ And for members only:

http://groups.yahoo.com/group/BCMEN-Members/

Newsletter: The deadline for submission of items is the 15th of the month prior to publication, or the 20th of the prior month if submitting online.

This newsletter is the official publication of (Southern California) Beach Cities Men Enjoying Naturism (AKA BC-MEN), and may not be used in part or in whole without prior written permission.

Recipients are asked to respect the privacy of the individuals named herein.

The publication of a person's name, photo, or other information is not to be construed as any indication of that person's sexual orientation.

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